



DERMAPLANING

Side Effects of Dermaplaning:

Dermaplaning is a low risk procedure. Side effects may include slight redness in your face, the hours after getting the treatment. Some people develop whiteheads on their skin in a day or two following Dermaplaning. Infection and scarring are rare.

Before Dermaplaning:

Avoid heat, saunas, hot tubs, and sweaty activity for 24 hours; including any kind of exercise. Products containing exfoliating agents, such as retinoic acid, retinol, tretinoin, benzoyl peroxide, glycolic acid, salicylic acid or astringents for 24 hours before your treatment.

Recommended Treatment:

Dermaplaning is recommended every 3 to 4 weeks. An aesthetician will help you determine a schedule. Each time you get a Dermaplaning treatment, it is removing 2 to 3 weeks worth of dead skin cells. It is a great procedure to add on to any facial treatment.

Professional vs At-Home Dermaplaning:

First and foremost, Dermaplaning removes facial hair and does a more thorough job than shaving your face yourself. In particular, professional Dermaplaning offers exceptional results because of the blade used. The professional blade is much sharper than those designed for at-home use.

Post-Treatment:

- Use a gentle cleanser, but DO NOT use any scrubs, polishers, or aggressive brushes for 3 to 4 days. Skincare products may tingle or slightly burn for the first 2 days.
- Avoid direct sun exposure as much as possible. If you must be in the sun, apply SPF 30 or greater.
- Avoid excessive heat like heavy workouts, steam rooms or saunas, as well as chlorine for 24 hours post-treatment.
- Avoid facial waxing for 7 days.
- DO NOT pick, scratch, or aggressively rub the treated area.
- Apply serums, as absorption levels will be elevated.
- Slight peeling may occur the first few days, accompanied by a windburn sensation or blotchy skin.

Dermaplaning:

This skin treatment uses an exfoliating blade to skim dead skin cells and hair from your face.

Dermaplaning aims to make the surface of your skin smooth, youthful, and radiant. It is also used to remove "peach fuzz" - the short, soft hairs on your face.

- **Removes Dead Skin Cells**
- **Removes Vellus Hair**