



# RF MICRONEEDLING

## RF Microneedling:

This treatment is microneedling, but with a radio frequency (RF) component that precisely delivers customized energy into the dermis. Intelligent RF technology creates a micro-injury to trigger the regeneration of collagen and elastin, improving skin texture, skin discoloration, wrinkles, scars, laxity and more, anywhere on the body.

The goal is to stimulate collagen production for impressive, long-lasting results.

## Results:

Overall, RF Microneedling requires minimal downtime.

- Initial redness and swelling from the procedure typically lasts 24 to 36 hours, and up to 1 week to completely resolve.
- A minimum of 3 treatments is recommended to achieve the best outcome.
- Results can last up to 2 years.
- Taking good care of your skin by avoiding sun exposure, using a quality sunscreen, and sticking to a good skincare regimen at home will prompt your results to last longer.

## Recommended Treatment:

Each treatment needs to be spaced out 3 to 4 weeks. Once a month is a suitable time frame to schedule appointments.

## Pricing:

The cost of an RF Microneedling treatment varies, depending on the size of the treatment area.

- Prices range from \$500 to \$1200 per treatment.

## Method:

The treatment is quick and easy. It typically takes 60 minutes to complete a full-face treatment.

Patients receive a topical numbing cream, which is applied 60 minutes prior to the procedure. The topical agent eases any discomfort that may occur from the treatment.

## RF Microneedling:

RF Microneedling delivers radio frequency (RF), thermal energy through micro-needles into the dermis. It is a complete skin rejuvenation solution, designed to treat and improve:

- **Collagen Production**
- **Elastin Production**
- **Uneven Pigmentation**
- **Sun Damage**
- **Fine Lines**
- **Wrinkles**
- **Acne Scarring**
- **Surgical Scars**
- **Stretchmarks**
- **Pore Size**

This treatment is perfect for all skin types, and is suitable for all areas of the body.

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## **Pre-Procedure:**

- Avoid using Accutane for 6 to 9 months prior to treatment.
- Avoid tanning the treatment area, including tanning beds and spray tans for a minimum of 6 weeks.
- Stop the use of exfoliants, including Renova and glycolic acid on the treatment area 1 week before treatment.
- Avoid applying makeup on the treatment area.
- If you have a history of oral herpes, you must pre-treat the area with an anti-viral agent 3 days before your scheduled visit.
- Dermal fillers or other injectables should not be done within 2 weeks before a procedure.
- Avoid chemical or mechanical irritants 1 week prior to treatment.

## **Post-Procedure:**

- You may experience transient redness, swelling, itching, and burning for a few minutes - up to 48 hours. \*You may apply aloe vera and a cold compress.
- Avoid direct sunlight. Use sunscreen with SPF 50 or greater.
- DO NOT apply makeup until any redness has subsided.
- Avoid hot showers for 24 hours.
- Use cool water and gentle cleansers for 48 hours.
- Small scabs may develop over areas of pigmentation, 24 to 48 hours following your treatment. \*Keep the areas well-moisturized and allow them to fall off on their own. This is an expected occurrence with this treatment.
- Avoid the use of exfoliants for 1 week after your procedure.
- Avoid mechanical irritants 1 week after treatment.

Your aesthetician will recommend a post-procedure kit or products to ensure the best results for recovery.