



# IPL - PHOTOFACIAL

## IPL - Photofacial:

Utilizing a non-laser medical device, IPL delivers a series of gentle pulses of visible light onto the surface of your skin. In a series of treatments, the pulses of light target the skin to effectively eliminate redness, broken capillaries, hyper-pigmentation, sun damage, large pores, fine lines, and rosacea conditions. Some clients choose to have chemical peels or microdermabrasion treatments in conjunction with IPL to enhance treatment results.

## Treatment Areas:

Any part of your body with uneven skin tone, diffuse redness, or pigmented areas can be safely treated. The face, chest, shoulders, and arms are common areas for IPL treatment because they typically have had the most sun exposure.

## During Treatment:

Just before an IPL treatment, your practitioner will provide you with protective eyewear and apply gel to the areas being treated. During the treatment, the cool, glass surface of the IPL hand piece is gently applied to the skin. A pulse of light is then delivered to the skin surface. Many clients describe the feeling as a mild, brief pinching sensation.

## Recommended Treatment:

On average, 4 to 6 treatments are recommended, scheduled at 3 to 4 week intervals. However, results may vary on an individual basis and treatment periods will be adjusted accordingly.

## After Treatment:

Immediately following an IPL treatment, you may have some slight reddening of the skin which typically subsides within a couple of hours. Sun damage spots and age spots temporarily darken, and over the course of 1 to 3 weeks, the darkened spots will flake off and fade, leaving a clear complexion.

## Results:

Many clients see significant improvement within the first few treatments. IPL provides gradual, natural improvement with excellent long-term results. You will notice a reduction in redness, flushed skin color, and dilated capillaries. The skin will look healthier as sun damage, fine lines, pore size, and irregular pigmentation minimizes. Results from an IPL treatment series typically last for a year or longer.

## IPL - Photofacial:

IPL, intense pulsed light, is also known as a Photofacial. This procedure is an innovative way to safely and comfortably improve:

- Skin Texture
- Skin Tone and Color
- Pigmented Lesions
- Acne
- Sun Damage
- Freckles
- Broken Capillaries
- Rosacea
- Redness
- Surgical Scars
- Sensitized Skin

IPL helps to restore a more youthful appearance, leaving skin clear and healthy-looking without any downtime.

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## **Reappearance of Spots and Redness:**

Over time, new spots may appear if there is sufficient sun exposure. These can also be removed. It is imperative to apply sunscreen when outdoors to minimize sun damage, new spots, and excessive redness.

## **Pricing:**

The treatment costs \$350 for the full face, \$200 for the neck, and \$350 for the chest.

## **Pre-Procedure:**

- Avoid the use of Accutane for 6 to 9 months prior to treatment.
- Avoid tanning - including tanning beds, spray tans, and the sun, for a minimum of 6 weeks.
- Stop the use of exfoliants, including Renova and glycolic acid, on the treatment area 1 week before.
- Shave the treatment area closely prior to every treatment.
- Avoid applying makeup to the treatment area.
- If you are pregnant or breastfeeding, you may not proceed with this treatment.
- If you have history of oral herpes, you must pre-treat with an anti-viral agent, 3 days before the visit.
- Dermal fillers or other injectables should not be administered within 2 weeks before treatment.
- Avoid chemical or mechanical irritants 1 week prior to treatment.

## **Post-Procedure:**

- Transient redness, swelling, itching, and burning may occur for a few minutes, up to 48 hours. \*You may apply aloe vera or cold compress to the area.
- Avoid direct sunlight. Use sunscreen with SPF 30 or higher.
- Do not apply makeup to the treated area until redness has subsided.
- Avoid hot showers for 24 hours. Use cool water and gentle cleansers for 48 hours.
- Small scabs may develop over areas of pigmentation 24 to 48 hours following your treatment. \*Keep areas well moisturized and allow them to fall off naturally. This is an expected occurrence with IPL.
- Avoid use of exfoliants, chemical and mechanical irritants for 1 week post-treatment.
- Avoid microdermabrasion and acid peels for 1 week after an IPL treatment.

Your aesthetician will recommend a post-procedure kit or products to ensure the best recovery results.