



# TEMPSURE

## TempSure:

A radio frequency (RF) device that delivers gentle, continuous energy in order to heat the deep layers the skin, regenerating collagen and reducing the appearance of wrinkles and cellulite. The treatment improves:

- **Collagen Production**
- **Elastin Production**
- **Skin Tightness**
- **Appearance of Cellulite**
- **Fine Lines**
- **Wrinkles**

Collagen, is the most important protein in the connective tissue. The heat of the radio frequency energy brings contraction of the collagen fibers and triggers production of collagen, resulting in smoother, firmer skin. It also shrinks the sebaceous glands.

## Benefits:

The procedure is non-invasive and the tissue remains unharmed. The level of safety is much higher, compared to other procedures - there is no hemorrhage nor bruising, and no risk of scarring. The skin is only a bit red after the treatment, and there are no other unwanted consequences.

## Results:

Results can be noticeable after the first procedure, as loose skin becomes visibly firmer. Full results, based on the stimulated production of collagen in the skin, can be seen 1 to 2 months later. A single treatment can be enough for younger, firmer, radiant-looking skin. Repetition of TempSure within 2 to 4 weeks is recommended for aged skin with less collagen.

## Recommended Treatment:

Depending on the age and skin condition, it is recommended patients receive 3 to 5 treatments. For aged skin that is lacking collagen and elastin, the treatment needs to be repeated within 2 to 4 weeks. In between the first and second treatment, new collagen and elastin are produced, and skin elasticity is improved. It is suggested a series of TempSure treatments be repeated once a year.

## Method:

TempSure Envi technology heats deep into the skin to regenerate collagen and reduce the appearance of forehead wrinkles, frown lines, crow's feet, and smile lines. Other indications include hair epilation, telangiectasia, and milia.

TempSure Firm is ideal for driving continuous, non-invasive RF energy to areas such as the abdomen, arms, buttocks, and thighs.

TempSure FlexSure delivers hands-free, non-invasive deep tissue RF treatments in only 15 minutes. The flexible applicator curves and conforms to multiple body parts including abdomen, flanks, back, arms, buttocks, thighs and knees. FlexSure provides deep tissue heating that penetrates the subcutaneous fat layer.

## Pricing:

The procedure price is based on the area being treated.

TempSure packages of 3 and 5 treatments are available for purchase at a discounted rate.

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## Eligibility:

- You may not have a TempSure treatment if you are pregnant, breastfeeding or have an active cold sore, fever blister, or skin infection.
- You cannot have this treatment if you are currently on Accutane, however the procedure can be performed on the face 6 months after the patient's last Accutane treatment.

## Pre-Procedure:

For 7 days prior to your TempSure treatment:

- Avoid sun exposure and sunless tanning. Sunburned or tanned skin cannot be treated.
- Application of all skin irritants like glycolic acid, salicylic acid, benzoyl peroxide, retinol products such as Retin-A, Tazorac, Triluma, Differin, and Vitamin C must be stopped on the treatment area.
- Advise staff when taking antibiotics. Certain antibiotics like Tetracycline and Doxycycline can make a patient photosensitive, therefore, treatment may not be able to be done until 2 weeks after completion of antibiotic.

## Post-Procedure:

It is normal for the treated area to have redness and swelling. It is uncommon for a blister or bruise to develop. Should you develop a blister, a topical antibiotic ointment like Polysporin® can be used twice daily until healed.

- Makeup can be applied immediately post-procedure.
- Waxing, tweezing, and depilatory creams can be resumed 3 days post-procedure.
- Avoid hot tubs, saunas, steam rooms, and exercise post-treatment. However, all other normal activity can be resumed.
- A non-exfoliant cleanser and light moisturizer can be used the day of treatment. You can resume normal skincare the next day.
- Application of all skin irritants like glycolic acid, salicylic acid, benzoyl peroxide, retinol products such as Retin-A, Tazorac, Triluma, Differin, and Vitamin C can be resumed 3 days post-procedure.
- An SPF 30 or greater with zinc oxide will be applied immediately after treatment. Please continue to apply sunscreen daily to maximize your results and minimize irritation.
- Botox, Dysport, chemical peels, and dermal fillers can be resumed 2 weeks after treatment.
- A post-procedure skincare regimen will be suggested by our staff, to maximize and prolong your treatment results and minimize complication.