



# YAG LASER

## Recommended Treatment:

It is recommended that patients receive 1 to 3 treatments of the YAG Laser.

Some capillaries and veins are more visible after the treatment, which is a sign that they are destroyed and will disappear within a few weeks.

The YAG Laser does not produce immediate results for varicose veins and spider veins.

After laser therapy, the vessels underneath the skin will gradually change from a dark blue to a light red color, then eventually disappear in 2 to 6 weeks.

## Pricing:

YAG Laser procedure prices are based on the size of the treatment area. An area the size of a dollar bill costs \$300 per treatment.

## Pre-Procedure:

- Avoid the use of Accutane for 6 to 9 months prior to treatment.
- Avoid tanning the treatment area, including tanning beds and spray tans for a minimum of 6 weeks.
- Stop the use of exfoliants, including Renova and glycolic acid, on the treatment area 1 week before treatment.
- Avoid applying makeup on the area being treated.
- You may not proceed with this treatment if you are pregnant or breastfeeding.
- If you have a history of oral herpes, you must pre-treat with an anti-viral agent, 3 days prior to your scheduled visit.
- Dermal fillers or other injectables should not be done within 2 weeks of having a YAG Laser treatment.
- Avoid chemical or mechanical irritants 1 week prior to treatment.

## YAG Laser:

An Nd: YAG Laser is a solid state laser, capable of producing a near-infrared wavelength that penetrates deep into the skin, and is readily absorbed by hemoglobin and melanin chromophores. The YAG Laser offers safe treatment for all skin types and tones. It significantly reduces:

- **Vascular Lesions**
- **Broken Capillaries**
- **Varicose Veins**
- **Spider Veins**

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## **Post-Procedure:**

- Transient redness, swelling, itching, and burning may occur for a few minutes, up to 48 hours. \*You may apply aloe vera or cold compress to the area.
- Avoid direct sunlight. Use sunscreen with SPF 30 or greater.
- Do not apply makeup to the treated area until redness has subsided.
- Avoid hot showers for 24 hours.
- Use cool water and gentle cleansers for 48 hours.
- Small scabs may develop over areas of pigmentation 24 to 48 hours following your treatment.  
\*Keep areas well moisturized and allow them to fall off naturally. This is an expected occurrence with the YAG Laser.
- Avoid the use of exfoliants, chemical and mechanical irritants for 1 week post-treatment.
- Avoid microdermabrasion and acid peels for 1 week after a YAG Laser treatment.

Your aesthetician will recommend a post-procedure kit or products to ensure the best recovery results.